



Deadly Fumes That Harm Youth

IT IS ILLEGAL TO SELL BUTANE OR PROPANE IN ANY FORM, TO ANY PERSON UNDER THE AGE OF EIGHTEEN (18).

Get The Facts:



What are Inhalants?

Inhalants are a diverse group of substances that include volatile solvents, gases, and nitrates that can be sniffed, snorted, huffed, or bagged to produce intoxicating effects similar to alcohol. Chronic use of inhalants can cause severe, long term damage to the brain, liver and kidneys. Sniffing or huffing can cause an immediate high and irreversible physical and mental damage to the brain.

Sudden Sniffing Death Syndrome can result from first time use of an inhalant even by a healthy young person.

Inhalants are one of the most common drugs of abuse among court involved youth. In 2006, **18%** of youth from the Department of Youth Affairs (DYA) reported experimenting with Inhalants.*

*Source:
Guam Substance Abuse Epidemiological Profile 2006

Know the Signs of Inhalant Use:

- Slurred speech
- Drunk, dizzy, or dazed appearance
- Unusual breath odor
- Chemical smell on clothing
- Paint stains on body or face
- Red Eyes
- Runny nose

Know Guam's Law On Inhalants: Public Law 28-25:

- Regulates the sale of Butane, Propane and other Inhalants to minors.
- It is a misdemeanor for any business to sell, or transfer butane gas, butane lighters or butane in any form AND propane gas to any person under the age of eighteen (18).

Life time Inhalant Use among high school students on Guam (**14%**) is higher than the United States (**12%**) and surpassed the nationwide since 1997.*

Source: YRBS, 1997-2005

Where to get help:

Department of Mental Health and Substance Abuse
Crisis Hotline: 647-8833
Drug & Alcohol Branch
475-5438/39

Sanctuary, Inc.
For Adolescents
24-hr Hotline: 475-7100
475-7101

For Military Families
Air and Family Readiness Center
366-8136
Navy Fleet Family Support Center
333-2056/57

Online Resources:

DMHSA-PEACE
www.dmhsa.guam.gov
www.peaceguam.org
www.healthychoicesguam.org

National Inhalant Prevention Coalition (NIPC)
www.inhalants.org

U.S. Department of Health & Human Services and SAMHSA's National Clearinghouse
www.ncadi.samhsa.gov/links

National Institute on Drug Abuse (NIDA)
www.nida.nih.gov

Parents. The Anti-Drug
www.antidrug.com

Partnership for a Drug-Free America
www.drugfree.org



Inhalant Use On Guam